

theCHITIMACHA NEWSLETTER

May 1997

"Kop's Korner"... 2

Tribal Courts..... 3

Cultural News &
News From the
Past..... 4

News from the
Past (Cont.)..... 5

Survey Results.... 6

Recreation..... 7

Recreation News
(Cont.)..... 8

Election Board.... 9

Senior Program
Menu..... 10

Human Services. 11

Public Safety..... 12

Fire Department 13

Bulletin Board....14

NEWSLETTER
EDITOR

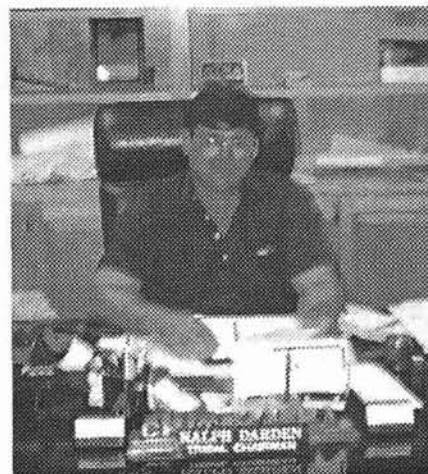
Ted M. Darden

"SOVEREIGN NATION OF THE CHITIMACHA"

NOTES FROM THE CHAIRMAN'S OFFICE

Dear Tribal Members:

You will soon see activity beginning on the construction of the new streets on the Reservation. Final plans are complete and we will go through the bid process very soon. The delay has been in redesigning to include curbs and gutters in the project. As you may have heard, we are planning to put curb and gutter drainage throughout the reservation. It was decided to begin with the new project going in and continue to expand from there. This will create approximately 50 more lots for homes. The Tribal Council has two applications for more homes, however, we do not anticipate on receiving very many. Mutual help housing is drying up and it appears that there won't be any in the near future. I received word last week that the funding for the Section 184 guaranteed loan has run out. At this point, it hasn't been quite clear when another appropriation will be made, however, if you are interested in building a house on the Reservation, we are nearly done with the process to satisfy the banks to lend money to build homes on trust land. Final approval on the foreclosure ordinance was received from the Department of Interior on May 27th. We will be meeting with the banks in the next week or so to finalize and answer some questions that they have. Conventional financing will be a reality very soon.



Chairman Ralph C. Darden

General Meeting

The general meeting will be held at 2 pm on June 14th at the school gym. The agenda will consist of updates of various programs and projects that your tribal government is involved in. Please attend.

Graduation

I would like to extend my congratulations to all of the tribal members who have graduated this year. I would also like to wish you the best of luck in your future endeavors. Education is very important for success and I hope that you take advantage of the opportunities the tribal government has to offer you. Quality goals that can provide for the future of this tribe are on the horizon and I would like to see you as part of it, for you are the future!!!

Until Next Month!!!

"Kop's Korner"

**News from the Chitimacha P.D.
Frank McCloskey, Police Chief**



MAY 1997

For the month of May, the police department issued citations for no seat belt, no drivers license, expired inspection sticker and driving under suspension. Five arrests were logged on charges ranging from theft, disturbing the peace intoxicated and driving under suspension.

Notice!!!

On May 24, 1997, "The Hut", located at 3291 Chitimacha Trail, was burglarized. Prints lifted from the point of entry are currently being analyzed. If anyone has any information about this crime please contact the police department at 923-4964. All callers will remain anonymous.

The department would like to encourage residents to report immediately any unusual activity, suspicious persons or vehicles, or anything that seems out of place in the community. Write down the description of suspicious subjects and what they are wearing. Get a good description of vehicles--- make/model, color, etc., and a

license plate, if possible. If the officer is handling another complaint and is unable to respond immediately, a good description will still enable the officer to patrol the area and try to locate and ask questions. If subjects are up to no good and they are aware that the police have been notified of their presence, they will more than likely leave the area. Callers will remain anonymous.

LAW ENFORCEMENT APPRECIATION DAY

Our thanks to Rev. Bobby Hines and members of the First Baptist Church in Franklin for sponsoring the 2nd Annual Law Enforcement Appreciation Day on May 8, 1997. Rev. Hines and his congregation did an outstanding job to make this a special day for law enforcement personnel and their families and to recognize officers for the difficult and dangerous job they do in serving their community. Church members served breakfast from 5 to 7 a.m., an appreciation supper was given at 7 p.m. for law enforcement personnel and their immediate families, followed by a special recognition service. Agencies that attended were Franklin City Police, Baldwin City Police, Chitimacha Police, St. Mary Parish Sheriff's Department, and local State Police. Mayors/Chairpersons from each community were also invited. Chairman Ralph Darden and Chief Francis McCloskey each received a certificate of appreciation for their leadership to the community, and the department received a plaque in appreciation for the service provided to their community and surrounding area.

COME WATCH A POWERFUL VIDEO FOR INDIAN YOUTH

"A MESSAGE TO THE YOUNGER BROTHER" is a prison-prevention

video for Indian people. Its purpose is to keep Indian youth from going to prison. The Indian men who speak on the video tell it like it is for them in prison. They tell their younger brothers and sisters how they were incarcerated because they used alcohol, drugs or inhalants. They are reaching out to help Indian youth make good choices.

A quote from an Indian inmate on the video--- "If you're following a power from a place like this, you're following the wrong power. I know that, and all my brothers and sisters in here know that this is no place to be. Prison wasn't made for an Indian or for any of our brothers and sisters from the other colors. This is not a good place for an Indian to be."

IF PARENTS/GUARDIANS ARE INTERESTED IN VIEWING THIS VIDEO TAPE WITH THEIR CHILDREN, PLEASE CONTACT ELLEN HEBERT AT THE POLICE DEPARTMENT.

ATTENTION JUNIOR POLICE MEMBERS

**MARK YOUR
CALENDARS! WE WILL
HAVE A MEETING AT
THE POLICE
DEPARTMENT ON
SATURDAY, JUNE 14,
1997 AT 11:00 A.M.
WE WOULD LIKE TO
MAKE PLANS FOR
SOME SUMMER
ACTIVITIES. PLEASE
ATTEND AND BRING A
FRIEND WHO WOULD
LIKE TO JOIN.
SEE YOU THEN!**

CURRENT COURT STATISTICS:

CASES: (30)

9 Civil Actions (2 Petitions To Make Judgment Executory and For Judgment Debtor Rule, 7 Garnishments and 14 Civil Complaints); 1 Domestic Relations (Petition For Divorce); 5 Traffic; and 1 Juvenile Petition.

MORTGAGES AND LIENS:

28 Assignments

MISCELLANEOUS DOCUMENTS:

1 Grant of Easement For Right of Way

CASES PENDING AS OF MAY 1, 1997:

TRIAL COURT: (27)

18	Civil (14 Torts/1 Probate/1 Reg. Civil/ 2 Judg. Debtors)
01	Criminal
02	Domestic Relations
01	Juvenile
05	Traffic

APPELLATE COURT: (01)

01 Civil Tort Action

**CHITIMACHA INDIAN TRIBAL COURT
COMPARATIVE STATUS REPORT
JANUARY THRU MAY
1996 VS 1997**

COURT SESSIONS:

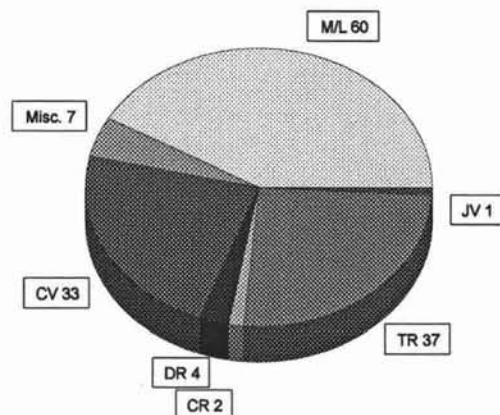
TRIBAL TRIAL COURT:

The monthly Tribal Trial Court session was held on May 7, 1997, at which time 15 cases were scheduled to be heard;

1 Criminal (Arraignment); 1 Domestic Relations (Hear.Pet. For Guardianship); 10 Civil Traffic Infractions (Hears/Trials); 2 Civil Tort Actions (1 Motions Hear. & 1 Status Hearing) and 1 Regular Civil (Hearing On Civil Complaint)

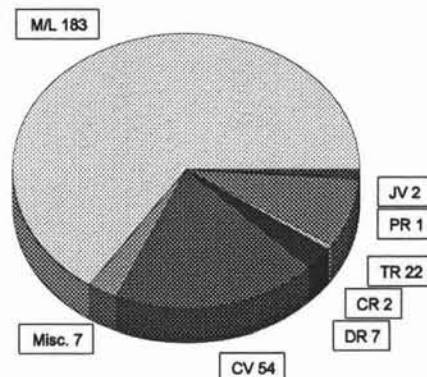
1996 - JAN. THRU MAY

144 Actions Processed



1997 - JAN. THRU MAY

278 Actions Processed



TRIBAL APPELLATE COURT:

The Tribal Court of Appeals held Oral Arguments on May 5, 1997 with regards to the pending Civil Tort Action on appeal.

Additionally, two (2) Petitions For Review were submitted for consideration to the Chief Appellate Judge and were denied to proceed forward on appeal.

JUNE SESSION:

Our next regular session is scheduled for June 4, 1997 with open session beginning at 10:00 a.m.

As always, if you would like any further information regarding the Tribal Courts, please feel free to contact the Court at 923-7806

CULTURAL DEPARTMENT NEWS

By: Kimberly S. Walden

The Cultural Department is pleased to announce several summer workshops, classes and activities for children and adults. Summer beadwork classes will be held for children age 5 and up. Three one week sessions will be held. **Parents should call to reserve a space for their child for the week they'd like them to attend.** Due to limited space we will only have ten children participate in each week's sessions. The first week's beadwork sessions will be June 23-26 (Mon.-Thurs.) from 10:00 to 11:00. The second week's sessions will be held July 14-17 (Mon.-Thurs.) from 1:00 to 2:00. The third week's sessions will be held July 21-24 (Mon.-Thurs.) from 3:00 to 4:00. Adult and young adult (16 and up) beadwork sessions will be held every Monday night from 6:00 to 7:00 beginning June 23, with the exceptions of holidays.

The following is a list of proposed workshops currently being scheduled for this summer or early fall: hoop-net making, fan construction, paddle carving, mortar and pestle making, Chitimacha moccasin construction, traditional dugout canoe making, pottery making, shawl construction and even a Chitimacha cooking class. The instructors for these activities will be our tribal elders,

Carolyn Savage and I, as well as three consultants who have been contacted by the Cultural Department. Further information about the schedule of these activities will be provided in the next newsletter and/or as well as by community flyers. If you would like to attend any of these workshops, please call the Cultural Department to reserve your space.

This year's Miss Chitimacha Nation/Miss Junior Chitimacha Nation Pageant will be held June 15, 1997 (Community Appreciation Day) at 10:00 a.m. at the Chitimacha Tribal School Gym. Past Princesses from 1975 to present have been invited to attend. Please plan to attend this wonderful event and come support our pageant contestants. They have been working really hard on their beadwork, shawls, and dresses. This pageant will also give the girls an opportunity to show what they know about our tribal history, customs, and traditions, as well speak in the Chitimacha Language of which they will have learned a few words. Good Luck, Teala Bernard and Neka Savage.

Following the "News from the Past" section is a reprint of the results of our Community Survey concerning desired cultural programs. The last report did not account for a number of people who were undecided or did not respond to certain questions.

NEWS FROM THE PAST

By: Melanie Marcotte

The following information on Chitimacha ceremonies is by no means complete at this point. Many of the complete details have somehow either been lost or forgotten, but thanks to elders in the Tribe and historians from different periods in history, some portions still remain. Through continuous research, information will continue to be discovered, and then put into the newsletter for all to learn.

Every large Chitimacha village

had a dance ceremonial house used for spiritual ceremonies and also used for the gathering of Tribal Council meetings. The following description of the ceremonial home at Grand Avoille Cove, here in Charenton about three miles from the reservation, and called Co'kantangi-ha'na-hetci'ne is listed below:

The tribal dance house, intended for religious dances, stood on a little bay of Grand Lake, about 3 miles northwest from the present village of Charenton. Like all other lodges, it was about 12 feet square, with a pointed roof, but it was surrounded by a fence. It contained nothing else but

the garments of the dancers and three kinds of paints used at this ceremony: the ha'pt, or "vermillion paint", the ku'ps, or "black paint", and the kúpshesh, or "white paint". This house was called sho'ktangi ha'na he'dshinsh; all the other dance houses called ha'na nedsha'mtuina.

As Co'kantangi-ha'na-hetci'ne (Grand Avoille Cove) was the main meeting place among all Chitimachas, the participants gathered from all the surrounding lake settlements by canoes the day

(Continued on Page 5)

(Continued from Page 4)

before the new moon. Men, women and children came to the ceremony in large numbers. The ceremony took place to honor Kut nã hãnsh, or the Noon-Day Sun, and in summer time lasted longer than other seasons of the year.

The ceremony was conducted by pe'kidshinsh (ceremonial leaders) who had as part of the ceremony large staffs called kô'kic. The men danced wearing breechcloths on with their bodies painted red, and with feathers attached in their hair. Gourd rattles and music made by scratching alligator skins and drums were all part of the ceremony. The dance lasted six days, during which fasting was an integral part of the ceremony. When the ceremony was drawing to its end, water was drunk as part of a purification process, removing from the body any impurities in the system. At the close of the ceremony, a feast was held and all participated.

Another ceremony which was held at the ceremonial home was when a boy reached manhood. Part of this ceremony was to learn discipline of themselves by making them insensible to the pangs of hunger and thirst. Dressed in breechcloths, feathers placed in their hair, ribbons (leather ties), red paint, and small gourds, they had to dance for six days around the fire in the ceremonial home, while fasting and without tasting a drop of water, being led throughout the ceremony by pe'kidshinsh

(ceremonial leaders). No female was allowed to approach, although they had access to the ceremonial dances at the New-Moon ceremony.

Another ceremony which was different from the one listed above was the solitary fast and confinement which each boy (and each girl) underwent in order to obtain a personal guardian spirit. Instead of going off into an area of solitude, the boy or girl is said to have been confined until he dreamed of the animal which was to become his helper. Chief Benjamin Paul's grandmothers helper was a wolf. The name of the ceremony where a personal guardian spirit was obtained was called nacânxmê'k.

There was also a blessing of the corn ceremony. The last known Chief to conduct this ceremony was Chief Alexander Darden. Each year prior to the planting of the first corn of the season, all the grain for planting was brought to the Chief, and prayers and certain ceremony was done prior to planting. Again, before the harvest of the first ear of corn, another ceremony was held by the Chief and Tribe before any of the corn could be gathered. It was believed that if this practice was not done, the corn would not grow and be plentiful for the Tribe.

On burial customs the following is known. In ancient times, the Chitimacha buried their deceased in earthen mounds, many of which also contained large amounts of shell. The type of shell is called Rangia, and is a variety from which clams were taken. The belief was that the shell were a way of ensuring that the deceased had

food for their final journey. Upon the death of a Chitimacha, the body was placed in the earthen mound, and placed in a length ways position, or sometimes in a half crouched position on its side, or in a half sitting position. The reasoning is not clear. It is thought that this positioning had something to do with the status of the individual. One year after the death of the head chief, or of any of the war chiefs (there were usually four or five), their bones were dug up by the osh ha'tchna (morticians), the remaining flesh taken from the bones, the bones wrapped in a new and checkered design cane mat, and brought to the ceremonial lodge. This ceremony took place just before the beginning of the Kut naha ceremonial dance. The people assembled there, walking six times around a blazing fire, after which the remains were then placed in a mound. The widow and male orphans of the deceased chief had to take part in the ceremonial dance. The burial of the villagers took place at the village where they had died, in the same manner. In the same mound was placed all the property of the deceased, or at least such of it as might be particularly useful to him. For one year after the death of a relative, the women would go to the grave and place clothing and food on the top of the grave site as part of the ceremony. The last known Chitimacha burial in a mound was in the late 1920's, a mere 77 years ago.

NEXT MONTH: Some very old Chitimacha legends

Earlier this month we conducted a needs assessment within our community. We wanted to know what cultural based activities you all are interested in. Based on the results of the survey we will be able to design a program that will meet the needs and desires of the majority of our community members. If you did not participate in the survey but you do have ideas or comments please feel free to come by or call the Cultural Department and share your thoughts with us. The results of the survey are as follows:

1. ♦ 100% of the 83 polled felt that Cultural Education is important for the community.
2. ♦ 66% said they are interested in attending Cultural Education classes.
 ♦ 34% were not interested in attending Cultural Education classes.
3. ♦ 76% are interested in learning the Chitimacha Language.
 ♦ 24% are not interested in learning the language.
4. ♦ 73.5% would be willing to attend classes on the Chitimacha Language.
 ♦ 26.5% would not be willing to attend classes.
5. ♦ 65% would be interested in attending Traditional Art classes.
 ♦ 34% were not interested in attending classes.
 ♦ 1% did not respond.
6. ♦ 54% were interested in attending Native American Dance/Drum classes.
 ♦ 46% were not interested in attending classes.
7. ♦ 58% are interested in learning to make traditional regalia.
 ♦ 40% are not interested to make traditional regalia.
 ♦ 2% did not respond.
8. ♦ 100% would like to see Chitimacha have its own drum.
9. ♦ 40% are interested in learning to drum and/or sing.
 ♦ 31% are not interested in learning to drum and/or sing.
 ♦ 29% did not respond or were undecided.
10. ♦ 67.5% are interested in a Storytelling program.
 ♦ 32.5% were not interested in a storytelling program.
11. ♦ 43% would like to learn to make and/or play a flute.
 ♦ 54% were not interested in learning to make and/or play a flute.
 ♦ 3% did not respond.

Thank you all for your cooperation and for your willingness to share your thoughts and ideas with us. We will keep you informed of our scheduled activities by newsletter and flyers. Call us at 923-4395 if you have any questions.

Chitimacha Recreation News

By: Jeri St. Blanc

Summer is here, school is out and there's a lot of activities planned. The ball park is the happening place to be. We have kids from 4 to 14 participating in Whiffle Ball, Coach-Pitch, Fast-Pitch, Little League and now T-Ball. Our T-Ball team is now practicing and looking good. Stop by the baseball field and watch a game or two.

Our Little League team has 3 wins and 4 losses. When we're good, we're real good, but when we're bad, we're real bad! Just kidding! We're improving every game. The boys had a triple play last week. They looked like pros.

On May 16th, we had our field day at the baseball park. We participated in old fashioned box races, crab races, water balloon races, tug-of-war, and egg on the spoon races. We had a blast! Then there was **"THE GAME"** between the youth and the **older folks**. The older folks prevailed! Rumors have it, there were a few questionable calls. Chuck Fontenot was voted the most valuable player (definitely the most injured player). Thanks to all who participated. After the fun and games, everyone enjoyed ice cold watermelon.

Arielle Darden, Adriana Bernard, Slade Bobbitt, Grant LaGarde and Blaise St. Blanc participated in the Louisiana fitness Meet on May 17th at LSU in Baton Rouge. We had high scores in the 600 yard run. Grant scored 86 out of 100 points, Slade scored 75, and Blaise scored 97. Adriana scored 91 for the sit and reach and Arielle scored 88. We carried the St. Mary Parish banner, St. John Elementary's banner and the Tribal flag in the procession. Next year the event will be held in the LSU Field House on May 16th and we'll be there!!!

Golf is going well. We're playing every Wednesday at Broken Pine Country Club getting ready for Acadiana Summer League. Our first tournament is scheduled for June 17th at the Abbeville Country Club.

Lifeguard training has begun. Adriane Cook, Carli Soprano, Christina Dwyer, and Nikina Vilcan

completed 22 hours of training under the PTA while Melanie Marcotte, Johnny Burgess, Pat Goutirez, and Rebecca Marcotte were trained as lifeguard volunteers. As soon as the pool opens, we'll have certified guards on duty. Great job!!!

Water exercise will be offered in the mornings including water walking, lap swimming and aqua jogging. Swimming lessons will be offered on a progressive level of ability from infant to adult. As an opening date draws closer, I'll send out more information.

We have 19 kids participating in the Hershey Track and Field Meet at US on June 28th. We will be training on the road behind the school for a while, then at Franklin High track.

Pee Wee Track is available for ages 4 and up at Franklin High track. Registration is June 6th at 5:00 - 6:30 in Franklin. If you are interested in participating, make sure you bring along your child's birth certificate. Coach Perry is sponsoring the training.

Soccer camp will be held in Franklin at Caffery Park on August 11 - 15th from 5:00 - 8:00 pm. Camp instructors are a major league team from Connecticut. If you are interested, call and I'll get a registration form for you.

And speaking of soccer, Matthew Richard and Lucas Bernard did very well along with their Santos Select Team. They recently participated in the Classic League Games on May 2 - 3rd. They tied their first game and won the next two. They traveled again on May 10 - 11 for the Austin USA Spring Cup, losing the first game but capturing the next two. On May 24 - 25th they participated in the Snickers USA State Premiere Cup. They won the first two games and tied the third. Great job boys! We're looking forward to you showing us all your moves when you come down in the fall.

Hey girls! Get on your boogie shoes. In the plans for the summer is a dance clinic to be held at the Chitimacha gym. Several girls are coming down to teach you some dance team routines. A date has not been determined yet. Be on the lookout for this fun, high energy dancing.

(Continued on Page 8)

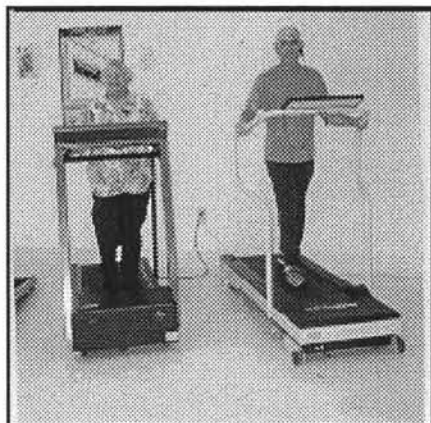
(Continued from Page 7)

Mr. Armelin is looking over his schedule to fit us in for a Karate clinic. Looks like the date will be the end of June. I will send out more information as soon as we set a date.

Massage Therapy is available on a weekly basis by appointment. We are trying to set up one day a week for Rita Boutte to come. She charges \$15 for a 15 minute massage or \$1/minute. If you are interested in making an appointment, call for more information.

Jarrold Deslatte and Daryl "Boo" Toups will be running in the 5K Run sponsored by Cardiology Services of Lafayette General Medical Center this weekend. They will be competing in the 15 and under division. Keep on running boys!

Hazel and Shirley Bernard, two of our faithful exercisers, have been "burning-up" the treadmills. They are walking over 60 minutes each day. Wow! What



an example of good health. I am so proud of their dedication.

With the hot weather here, some information on hydration seemed to be appropriate. One of the main reasons to stay adequately hydrated is to keep the body's core temperature from rising above normal and avoid a heat-related illness.

Sweating is one of the most efficient ways of regulating body temperature. Perspiration keeps the body's core temperature in a safe, comfortable range. Without adequate fluid, a gradual increase in core temperature brings feelings of fatigue and risk of heat-related illness.

When an individual is dehydrated, the circulatory system cannot meet the demands of the body. As a

result, blood volume decreases, the heart has to work harder, you may feel fatigued, and dehydration can place a strain on the kidneys.

We lose water as we breathe. Alcohol, caffeine, diuretics and other medications rob the body of water. If you are not sure whether a medication is dehydrating, ask your physician or pharmacist.

One can be acutely dehydrated, such as after a long endurance event, or chronically dehydrated after losing small amounts of water over a long period of time.

Dehydration will impair performance in exercise. Fatigue can occur even if the body has lost 1% body weight due to loss of water. 3% weight loss in water can hinder performance, coordination, and lead to a heat-related injury.

When participating in vigorous activity, try weighing yourself before and after the event or workout. For each pound of weight loss, drink two cups of water. Replace water lost before participating in sports events.

Monitor your urine. If it is dark, drink more water. Pale yellow urine is a sign of adequate hydration. Avoid non-breathable, rubberized clothing that holds in sweat and makes core temperature rise. It could lead to a heat related injury. Unless your primary physician prescribes them, avoid salt tablets. They can lead to vomiting and/or diarrhea.

Even though most authorities recommend eight to 10 glasses of water daily, large amounts of water at one time might stimulate the kidneys to excrete quite a bit of it. Try sipping the recommended amount of water throughout the day.

For optimal performance, energy, coordination and exercise performance, drink water before, during and after exercise. Experts recommend different amounts at these intervals. Eight ounces of water 30 minutes prior to moderate physical activity, three to six ounces every 10 to 15 minutes during, and 8 to 10 ounces afterward is a good place to start.

Remember, have fun in the sun but take proper precautions to ensure your health.

CHITIMACHA ELECTION BOARD

NEWS RELEASE

The positions which are up for election this year includes Chairman, which is presently held by incumbent Ralph C. Darden and Vice-Chairman which is held by incumbent Alton D. LeBlanc, Jr. Also, there are two school board positions open which are currently held by incumbents Marilyn Burgess and Belinda Darden.

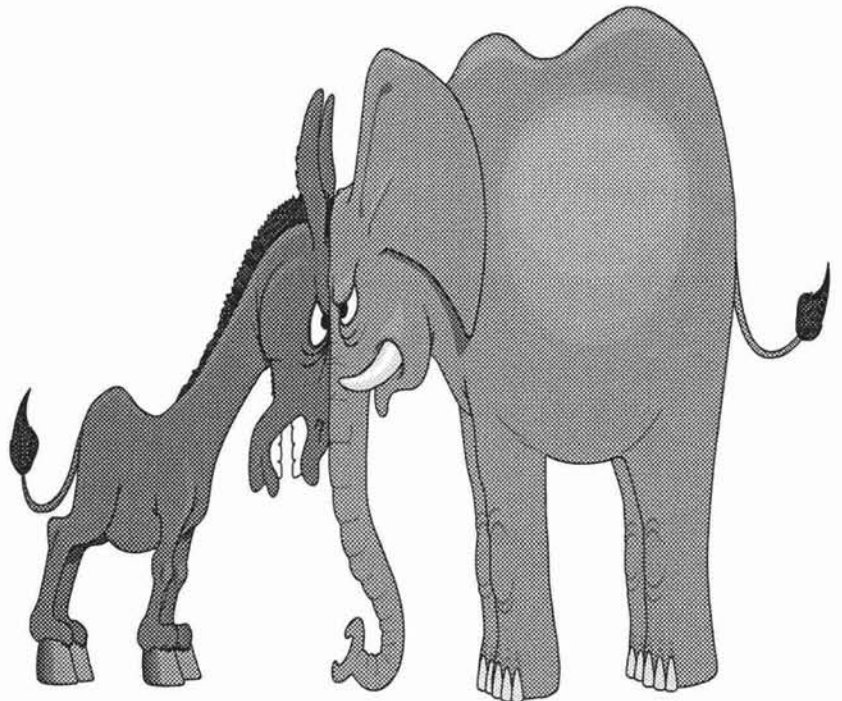
Candidacy qualification was held between May 5, 1997 and May 9, 1997. The candidates that qualified and are on this year's June 14 election ballot are as follows:

Tribal Chairman	Tribal Vice-Chairman	School Board Members (2)
Ralph C. Darden Kerry "Todd" Martin	Alton D. LeBlanc, Jr. Jimmy Rogers	Belinda Darden Georgia Magee Earlene Thomas Darlene Toups

Absentee voting opens on June 2, 1997 and closes on June 14, 1997 at noon. For voting absentee, you may contact Vickie Mora-Martin at the Chitimacha Senior Center, located at 312 Chitimacha Loop Road - phone (318) 923-4114 or; Pam Thibodeaux at 127 Houma Drive - phone (318) 923-6947 or; Pat Vilcan at 3583 Chitimacha Trail - phone (318) 923-7352.

This year the polling place will be located at the Chitimacha Day School in the cafeteria. Hours for voting will be 8:00 AM till 6:00 PM on Saturday, June 14, 1997.

Please go out and VOTE!!!



CHITIMACHA SENIOR PROGRAM CALENDAR

DAILY MENU SCHEDULE

JUNE 1997

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 2, 1997 Fried Pork Chops, Cheese Potatoes, Corn, Rolls and Fruit Activity: Lil Bingo	June 3, 1997 Smothered Steak, Green Beans, Rice, Salad, Rolls and Pie Activity: Lil Bingo	June 4, 1997 Breakfast Baked Chicken, Creamed Potatoes, Sweet Peas, Rolls, Salad & Jello Activity: Shopping	June 5, 1997 Pork Roast, Lima Beans, Rice, Yams, Rolls and Ice Cream Activity: Lil Bingo	June 6, 1997 Fried Shrimp, Hush Puppies, Tator Tots, Salad and Fruit
June 9, 1997 Red Beans, Rice, Sausage, Asparagus, Rolls, and Fruit Activity: Lil Bingo	June 10, 1997 Smothered Chicken, Crowder Peas, Rice, Salad, Rolls and Pie Activity: Lil Bingo	June 11, 1997 Breakfast Groundmeat Spaghetti, Garlic Bread, Potato Salad & Jello Activity: Shopping	June 12, 1997 Beef Roast, White Beans, Rice, Asparagus, Rolls and Cake Activity: Lil Bingo	June 13, 1997 Fried Catfish, Appetizer, Potato Salad, Rolls and Fruit
June 16, 1997 Meatloaf, Cheese Potatoes, Peas & Carrots, Rolls and Surprise Activity: Lil Bingo	June 17, 1997 Fried Chicken, Creamed Potatoes, Sweet Peas, Salad, Rolls & Pie Activity: Lil Bingo	June 18, 1997 Breakfast Pork Ribs, White Beans, Rice, Cabbage, Rolls and Cake Activity: Reg Bingo	June 19, 1997 Smothered Steak, Lima Beans, Rice, Broccoli, Rolls and Banana Pudding Activity: Shopping	June 20, 1997 Tuna Fish Sandwiches, Salmon Patties, Tator Tots and Fruit
June 23, 1997 Chicken Stew, Rice, Corn, Salad, Rolls and Ice Cream Activity: Lil Bingo	June 24, 1997 Baked Turkey, Rice Dressing, Green Beans, Rolls and Fruit Activity: Lil Bingo	June 25, 1997 Breakfast White Beans, Meatball w/Tomato Gravy, Cabbage, Rolls and Pie Activity: Shopping	June 26, 1997 Pork Chops, Creamed Potatoes, Sweet Peas, Rolls and Pie Activity: Lil Bingo	June 27, 1997 Hot Dogs, Chips, Vegetable Tray and Brownies
June 30, 1997 Beef Stew, Rice, Corn, Rolls, Salad and Ice Cream Activity: Lil Bingo				

JUNE 1997

Lester Darden 6/19
Shirley Bernard 6/22

Joe Vilcan 6/28 **HAPPY 80th BIRTHDAY!**

HAPPY BIRTHDAY TO ALL OF YOU AND HAVE MANY MORE!!!

Human Services Department
By: Lois Rider, Director

School is out and the time for our young people to relax and enjoy themselves is here again. Too bad that many of them will not be able to enjoy the summer because of the environment in which they live. There are more and more reports of Domestic Violence that even though the young people may not be being abused, they are witnessing the abuse. This in itself is a form of emotional abuse. It is also teaching the young people that when they get angry they should hit someone. Along with the physical abuse they see, many are also witnessing alcohol and/or drug abuse in the home. How can we expect our young people to be good students, friends, and siblings when they see so much abuse in the home?

EFFECTS OF FAMILY VIOLENCE

EFFECTS ON ADULTS:

1. Death (of either perpetrator or victim) by homicide
2. Death by suicide
3. Disabling injuries
4. Depression:
 - (a) victim may become immobilized due to constant fear
 - (b) aggressor may lose sense of self worth and/or experience guilt over violent acts
 - (c) either may experience a range of psychiatric symptoms which add to their dysfunction and may require hospitalization
5. Difficulty in obtaining, maintaining, and adjusting to employment
6. Emotional abuse and deprivation
7. Breakup of family unit
8. Court fights regarding separation, divorce, and custody of children
9. Perpetuation of social isolation for fear of violence being disclosed
10. Continuing violence which will escalate if alternative behaviors are not learned
11. Recurrence of violent behavior with new partner
12. Expansion of violence into the community
5. Aggressive behavior toward others/delinquency
6. Poor school adjustment (educational and peer adjustment)
7. Modeling behavior; learned victim/aggressor roles
8. Runaway episodes
9. Alcohol/drug experimentation
10. Early marriage
11. Continuation of violent behavior in their adult relationships
12. Expansion of violence into the community

What can be done about domestic violence?

1. Victim should immediately report it to the police even if they do not want to file charges. This will allow a record of the violence in the event of future episodes which occur. And they will occur if the perpetrator does not get help for the problem.
2. Victim should take steps to protect both her/his self and the children, if there are children in the home. Many times children will try to protect the abused parent and become victims themselves or if the abused spouse leaves the abuser will turn the abuse on children left in the home.
3. Victim may want to contact a local shelter for battered women. In this area we have Chez Hope. (923-4537 or 1-800-331-5303)
4. Both victim and perpetrator should seek counseling to get to the root of why one abuses and the other allows it to happen over and over. Counseling is available here on the reservation at 923-7000 and at Chez Hope.

EFFECTS ON CHILDREN:

1. Death by homicide
2. Death by suicide
3. Emotional injuries, such as low self esteem
4. Depression

Help for anyone on the Reservation is only a phone call away.

WARNING!

AIR BAG SAFETY: BUCKLE EVERYONE CHILDREN IN BACK

AIR BAGS WORK - THEY SAVE LIVES

They do their job best when everyone is buckled and kids are properly restrained in the back seat.

Air bags saved almost 500 lives in 1995 alone. However, the National Highway Traffic Safety Administration reports that tragically several children have been killed or injured by the force of a deploying air bag. In many cases, the children were riding in the front seat either in a rear-facing child safety seat or "out of position" - either unbuckled, or not wearing the shoulder portion of the safety belt.

An air bag is not a soft, billowy pillow. Rather, to work effectively, an air bag comes out of the dashboard at rates of up to 200 miles per hour - faster than a blink of an eye. Drivers can entirely eliminate any danger to children from a deploying air bag by placing kids properly restrained in the back seat. With or without an air bag, the back seat is the safest place for children to ride.

As the number of motor vehicles equipped with air bags increases, the risk to kids riding in the front seat will also increase. That is why we must all work to educate people **now** that air bags save lives and work best when everyone is buckled and kids are in back, properly buckled up.

The Air Bag Safety Campaign is a public/private partnership of automotive manufacturers, insurance companies, occupant restraint manufacturers, government agencies, health professionals, and child health and safety organizations. The goal of the Campaign is to increase the proper use of safety belts and child safety seats and to inform the public about how to maximize the lifesaving capabilities of air bags and minimize the risks.

AIR BAG SAFETY TIPS

- ▼ **Kids ride in back** Infants in rear-facing child safety seats should NEVER ride in the front seat of a vehicle with a passenger-side air bag. Children, typically ages 12 and under, should also ride buckled up in the back seat.
- ▼ **Child Safety Seats** Young children and infants always should ride in age and size appropriate child safety seats. The safety seat should be held properly in place by the vehicle's safety belts and the child should be correctly buckled in the child safety seat. A child who has outgrown a convertible child safety seat will need to ride in a booster seat in order for the vehicle's safety belts to fit properly.
- ▼ **Wear both lap AND shoulder belts** The shoulder strap should cross the collarbone, and the lap belt should fit low and tight on the hips. The shoulder strap should never be slipped behind the back or under the arm - this is a dangerous habit, especially in cars with air bags.
- ▼ **Move the front seat back** Driver and front passenger seats should be moved as far back as possible, particularly for shorter statured people.

News from the Charenton/Chitimacha Volunteer Fire Department
By: Sherel Sinitiere, Fire Chief

Members That Completed Courses for March, April & May 1997

**Automated External Defibrillator
90 - Day Refresher 3/22/97**

Kenneth Perry
Vickie Stelly
Bill Stelly
Eddie Brown

**Fire Arson Investigation
April 14 - 16, 1997**

Y. M. Berard
Wilmer Joseph, Jr.

**Class III Night Burn
April 17, 1997**

Eddie Brown
Kenneth Perry
Randall Thibodeaux
Wilmer Joseph, Jr.
Y. M. Berard

**Foam Class @ LSU - FETI
April 25, 1997**

Y. M. Berard

**PIAL Fire Dept. Insurance
Rating Seminar 4/26/97**

Y. M. Berard

**Foam Class @ LSU -FETI
April 26, 1997**

Eddie Brown
Kenneth Perry
Randall Thibodeaux
Tim Zook
Rick Cook
Preston Landry

**First Responder Course
May 19 - 23, 1997**

Y. M. Berard

Gasoline Storage Safety

Each year many tragic fires happen when gasoline is not stored and used properly. Two boys were burned over 80% of their bodies in Lafayette when they were playing with gasoline in a wash shed. They spilled the gasoline and the vapors were ignited by the hot water heater. In Henderson, several family members were killed in a fire when they used gasoline to fuel a space heater inside their home. In Crowley, nearly an entire family was killed when the father used gasoline to loose the linoleum he was removing from the kitchen. The vapors were ignited by a hot water heater. Each year there are hundreds of people killed when they misuse gasoline.

Gasoline is the most common hazardous material and is used by virtually everyone, but very few people understand how dangerous gasoline can be. Here are a few facts about gasoline:

- ▶ Liquid gasoline does not burn, only the gasoline vapors will support combustion. Gasoline starts giving off vapors at minus 35 degrees. So, anywhere, anytime in Louisiana, gasoline will support combustion.
- ▶ Gasoline vapors are three to five times heavier than air and will hang close to the ground and inside a building.

- ▶ One gallon of gasoline vapors has the explosive potential of five sticks of dynamite.
- ▶ Less than 1% of gasoline vapors is required to support combustion. (If you can smell it, it can burn.)
- ▶ Less than 750 degrees is needed to ignite gasoline. (A hot water heater pilot light is 1000 degrees and a cigarette can reach temperatures up to 1200 degrees.)
- ▶ Gasoline vapors can ignite at the rate of over 200 ft. per second. (No human can outrun it.)

Realizing these facts may save your life and the lives of your loved ones. Never use gasoline inside a building for any reason. Always store gasoline in an approved container out of the reach of children. Never store in the same area as a heater or hot water tank. never use gasoline as a solvent. Please, be safe! If you have any questions concerning gasoline storage and use, please stop by the fire station.

COMMUNITY BULLETIN BOARD

Call Debbie @ 318 923-4973 to place an Ad

ELECTION WILL BE HELD ON
JUNE 14, 1997

PLEASE EXERCISE YOUR RIGHT &
COME OUT AND VOTE!!!

COMMUNITY APPRECIATION DAY
WILL BE HELD ON SUNDAY
JUNE 15, 1997 @
THE "POW-WOW" GROUNDS

Good food & fun

Bring your own appetite!!!

